

GISW Food Allergy Policy

Purpose

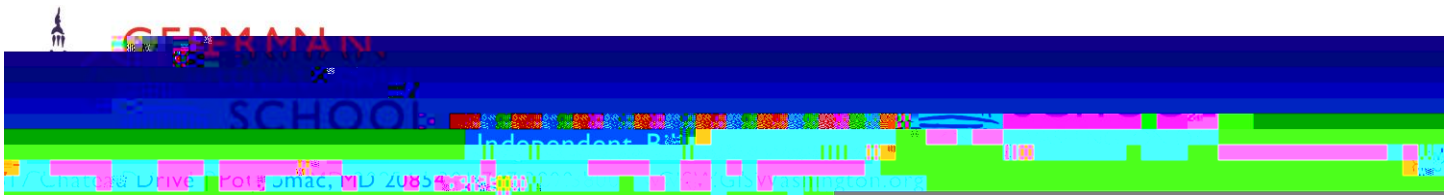
The purpose of this policy is to help support food allergy management and preventive plans and practices to protect the overall health, safety and welfare of the German International School Washington D.C. (GISW) campus and its community.

Definition of a food allergy

As described in the Center of Disease Control (CDC) website on food allergies and safe schools:

<https://www.cdc.gov/healthyschools/foodallergies/index.htm>

[Note: References have been relabeled and included at the end of this document]



students with severe, life threatening allergies. No nut products of any kind should be brought to the preschool at any time.

Food Brought to Share or Distribute:

Food brought to share or distribute in class or at other student gatherings cannot have any nut types (tree, bush, and legumes) including popular types such as: Peanuts, Hazelnuts, Almonds, Cashews, Walnuts, Chestnuts, Macadamia, Pecan, Pine Nuts, and Pistachios, including peanut/nut oils or peanut/nut flour, and any other allergens (see list below) should be identified. For larger school-wide events (e.g. Christmas Market), nuts may be permitted but all allergens must be identified.

For purposes of the labeling requirements described above, the following allergens should be identified:

- Milk
- Eggs
- Fish
- Crustacean shellfish
- Wheat
- Soy
- All nut types (tree, bush, and legumes) including popular types such as: Peanuts, Hazelnuts, Almonds, Cashews, Walnuts, Chestnuts, Macadamia, Pecan, Pine Nuts, and Pistachios

Management of Student Allergies:

In order to have a comprehensive approach to manage the risk of food allergies, the school would like to assume the role of the school nurse, and the rest of the school staff.

This requires:

- 1 – Identification of students with food allergies

Parent Responsibilities:

- Inform the school on the State of Maryland School Health Forms. Please note, diagnoses of food allergies should be provided by the parent and family physician, the school does not have diagnostic responsibility.

School Nurse Responsibilities:

- Review the medical information provided by the parents and request any additional information she/he may feel is pertinent to appropriately manage, educate and work to prevent any allergic reaction.

